



Glazed Donut
Applesauce - Fruit Juice
White or Chocolate Milk

Cheese Quesadilla Tossed Salad - Salsa Fresh Fruit White or Chocolate Milk

RIDER K-12 MENU

R. Yoder, FSS - 740-633-1732 ext. 0

Breakfast is FREE!

LUNCH PRICES
Elementary \$3.25
MS/HS \$3.50
Reduced Price \$.40
Adult Meals \$4.75

Lunch Applications are available in the school office.
Apply Today!

Students must choose at least 3 of 4
Items offered at breakfast and 3 of 5
Items offered at lunch.
One item must be a
½ cup of fruit or vegetable.

Jammers available daily!

NO CHARGING

Snacks or Ala carte items.

Students must have money on their account to purchase other items.



MONDAY

Pop Tart - Cheese Stick
Craisins - Applesauce
White or Chocolate Milk

Pulled Pork on WG Bun Broccoli & Cheese - Pickles Fresh Fruit White or Chocolate Milk

Banana Chocolate Bar Fruit Juice - Applesauce White or Chocolate Milk

Sloppy Joe on WG Bun Potato Wedges Fresh Fruit White or Chocolate Milk

Cereal Bar - Ch. Stick Raisins - Fruit Juice White or Chocolate Milk

Cheeseburger on WG Bun Baked Beans - Pickles Fresh Fruit White or Chocolate Milk

Pop Tart - Cheese Stick Craisins - Applesauce White or Chocolate Milk

Hamburger on WG Bun Broccoli & Cheese - Pickles Fresh Fruit White or Chocolate Milk TUESDAY

Chicken and Biscuit Fruit Cup - Fruit Juice White or Chocolate Milk

Chicken Drumstick - M. Rice Carrots - Peas Fresh Fruit White or Chocolate Milk

12 Grape Crescent Raisins - Fruit Juice White or Chocolate Milk

Spaghetti with Meat Sauce WW Bread - Green Beans Fresh Fruit White or Chocolate Milk

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ELECTION DAY
Staff In-Service

CC French Toast Fruit Cup - Fruit Juice White or Chocolate Milk

WW Grilled Cheese Chili - Pickles - Crackers Fresh Fruit White or Chocolate Milk WEDNESDAY

Blueberry Waffles
Raisins - Fruit Juice
White or Chocolate Milk

WW Grilled Cheese
Chili - Pickles - Crackers
Fresh Fruit
White or Chocolate Milk

Cinnamon Texas Toast Fruit Juice - Applesauce White or Chocolate Milk

Chicken & Rotini - WG Roll
Carrots - Peas
Fresh Fruit
White or Chocolate Milk

Confetti Pancakes
Fruit Cup - Fruit Juice
White or Chocolate Milk

Grilled Chicken on WG Bun Carrots - Pickles Fresh Fruit White or Chocolate Milk

Blueberry Waffles
Raisins - Fruit Juice
White or Chocolate Milk

Pizza Hut Rollers
Celery - Carrots - Ranch
Fresh Fruit
White or Chocolate Milk

7 Cinnamon Pancake Fruit Juice - Applesauce White or Chocolate Milk

THURSDAY

Pizza Hut Rollers
Celery - Carrots - Ranch
Fresh Fruit
White or Chocolate Milk

Pancake Wrap
Craisins - Applesauce
White or Chocolate Milk

Nachos - Meat & Cheese Black Beans - Salsa Fresh Fruit White or Chocolate Milk

Cinnamon Toast Crunch Fruit Juice - Craisins White or Chocolate Milk

Pizza Rippers
Tossed Salad - Green Beans
Fresh Fruit
White or Chocolate Milk

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Donut Holes Fruit Cup - Fruit Juice White or Chocolate Milk

Fish on WG Bun - Tartar Potato Wedges - Pickles Fresh Fruit White or Chocolate Milk

Super Donut Fresh Fruit - Fruit Juice White or Chocolate Milk

DeFelice Cheese Pizza Spinach Salad - Corn Fresh Fruit White or Chocolate Milk

Glazed Donut Fruit Juice - Applesauce White or Chocolate Milk

Fish on WG Bun - Tartar Sweet Potato Fries - Pickles Fresh Fruit White or Chocolate Milk

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